

LEFT Feet Dance!

A participative and festive event

suitable for ages 8 years old and older (kids' version available)

1h - 2h

Guided dancing with live music

**A modern version of getting together
through movement and music**

**take the essentials of folk
dance, barn dance, Ceilidh**

**experience the joy
of being together**



**Tailored for beginners, no
previous knowledge is needed
to join this ball.**

Music : vocals, violon & light percussion – explanations in English, German or French

Left Feet Dance !



It's not a show,
but it's
entertaining.

It's not a dance class,
but you still
learn something.

It's a folk dance,
a shared moment
of fun.

Where does this joy come from?

To embrace a gesture, a dance, a song, and share it is to create a present moment filled with humanity.

Dance, violin, and vocals provide a simple and refined framework for this event, with room for spontaneity. Specially designed for beginners, open to all, only one's participation is required.

The repertoire is chosen for its accessibility. Original compositions alternate with traditional tunes. Its transmission is a cultural invitation, a journey through different regions of France and elsewhere, songs in French and Occitan, and, depending on the day, in Italian or Catalan.

There is room for creativity while being part of the group movement. These two aspects, expressed physically, create the encounter, with oneself and with others.

The ball is hosted as a solo by singer-violinist Jutta King or as a duo with Christian Fromentin or a guest artist. Their backgrounds are characterized by a commitment to research, which includes contemporary and traditional, nomadic and locally implanted culture. Jutta is a former aerial acrobat, dancer, musician, passionate about the subtle resonances between music and body, between people who dance. Christian is a singer and musician, performing on the most diverse stages : balls, concerts, storytelling, theater.



Artistic intention

How to fully enjoy the moment, with the many subtleties it contains? How to cultivate a COLLECTIVE FABRIC, to support our ability to live together ?

This project, is about sharing the physical pleasure of living together.
Which tool allows us to get to that point? It's **Art**.

A disconcerting simplicity

A voice to sing, your feet to dance.

The human being needs nothing to dance and sing – this is part of our ancestral heritage.

Thanks to subtle and expert accompaniment, including movement instructions and an inviting, fun ambiance, each participant can experience it at his or her level. All levels of experience are welcome.

A rich cultural background, with broad societal references

A heritage with widespread influences

The repertoire has the particularity of not belonging to any social class. Today, it is often referred to as 'from popular traditions'. However, before that it was danced by kings, in castles, then in the village squares and under the trees on the edges of the fields. Modern original compositions bring a contemporary point of view to themes that have never fallen into disuse.

During these dances, classes of society and generations mix in a COLLECTIVE and COMMON experience that has lost none of its relevance. On the contrary, a broad and transversal audience perceives its importance and feels close to and attracted by this quality.

No need of expertise

Each one dances with the body's capacity of the day.

Neither a sport nor an event to show your skill, these dances often have a function of marking a specific event. The common focus removes any judgment of individual performance. We bring attention and care to what each person contributes to the shared dance.

In short, a fundamental human experience.

Technical elements

Duration (adjustable) 1h to 2h
One or two shows possible in a day

Space

• Up to **50 participants** :

Technical requirements : 60 - 80m2 or
circle diameter 9-10m minimum

• Up to **100 participants** :

Technical requirements : 80 - 100m2 or
circle diameter 11-12m minimum

Flat and smooth empty hall or outdoor space
Relatively quiet, without interfering passage

Venue to be validated beforehand by visit on site or visio

For an event with more than 100 participants, technical conditions on request.

To be provided by the organizer

Changing room nearby, parking nearby

Four safety barriers

Meals and accommodation for one to three people in single rooms

At night: Provide lighting

A person from the organization present for managing reception of audience and surroundings

One table 1m x 2m, four chairs

Outdoors: A rain shelter for sound system and instruments

Provided by Compagnie Nö

Sound system (unless agreed otherwise)

Educational kit available

Installation time

Solo version : **1h**

(1 artist, daylight or lighting provided by organizer)

Duo version : **1h**

(2 artists, daylight or lighting provided by organizer)

Solo or Duo version with technician provided by Compagnie Nö

(1 or 2 artists, 1 stage manager) : **2h**

Options

This project aims to bring dance to where the people are.

Adapted to the context, it can take other various forms :

- for children accompanied by their parents : LITTLE FEET Dance ! **(from 5 years old)**
- for schools or leisure groups as workshops that may end with LITTLE FEET Dance ! **(from 5 years old)**
- in private homes, businesses, senior residences
- in introductory dance and/or singing workshops
- in a flashmob

Big scale events :

Leading a workshop for interested participants beforehand allows to increase the number of participants of the ball. They learn some of the songs and dances and common cues, and thus become accomplices in the transmission during the ball.

Contact us to discuss an event tailored to your request and prepare a quote.

CONTACT

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Interpretation and original idea Jutta King

'Version Duo' with Christian Fromentin or guest artist

with technical support by

Manu Le Duigou, Fabien Sanchez or Jean-Philippe Pellieux

Thanks to Paola Rizza for her supportive feedback.

Production Compagnie Nö, 13006 Marseille - Association loi 1901

Created with the assistance of the Agència Catalana del Patrimoni Cultural.

photos Johanna Foster, Roca dels Moros

Biographies

Jutta King, born in Germany, has been playing music since childhood. Circus training at the Ecole Nationale des Arts du Cirque Rosny-sous-Bois, specialty vertical rope. Collaborations with street theatre and circus companies, contemporary choreographers and musicians, including Maguy Marin, Transe Express, Marie-Claude Pietragalla, Compagnie l'Opéra-Théâtre, the Ensemble Orchestral Contemporain...After her first own street performance projects 'Symfolie' and 'Concert de Cordes', she founded the Compagnie Nö, performing original projects around aerials, dance and music. She is part of the vocal ensemble 'La Baragne', un a capell group from the south of France, which evolves in the folk scene. Her training and research also orientates towards health and pedagogy, based on motor development and anatomy in motion. Her implantation in Provence has deeply influenced her. The encounter with the Occitan heritage leads to finding bridges between specific local cultures and contemporary practices. Today, she develops projects combining artistic and body expression for all audiences. This quality of sharing aims to nourish an always renewed, direct and essential vitality.

Christian Fromentin was born in Poitiers (86), he has lived in Marseille since 2008. A very open and eclectic musical spirit, the violin is his third instrument. From 1995 to 2007, he played for many folk dances and taught the traditional violin of the Vendée in Berry. In 2005, he obtained a master's degree in musicology after writing a dissertation on the violin tradition of Poitiers. He is currently writing a method of traditional violin of the regions of France. He participates in numerous projects: Cie indo-française JHANKAR, trio KEYNOAD, JARAVA sextet (production), NOVA ZORA (arts and music production), trio ALEV, quintet BUMBAC, CROSSWIND, SONATINE (France-La Réunion). At ease in different musical styles, he recently produced the recording of Eric Montbel's latest album, chabretas #2. He is at the origin of MARTENITSA (music from Central Europe and the Balkans), SHAMROCK SHORE (solo album then collective since 2020) and KEYIFE (traditional oriental music). He also lectures on European musical cultures (France, Ireland, Danube), composes and/or plays for theatre companies (Cie Padam NEZI, Cie l'Apicula, Mascarille, Cie des trois Hangars). His experience of live performance, his taste for folk dance and music and his desire to share the repertoire he started with led him to this new adventure with Jutta.

The Compagnie Nö, born in Marseille in 1999, of which Jutta King is founder and artistic director, evolves in street performance, dance, circus and music.

Laureate of Authors of spaces - SACD - Chalon dans la rue, du Tremplin du théâtre du Gymnase-Marseille

Support and co-productions: Citron Jaune - les Envies Rhônements, Espace Périphérique-Paris, la Faiencerie Théâtre de Creil, Théâtre d'Arles, Theatre Europe-La Seyne-sur-Mer, Gardens-Cité des Arts de la rue-Marseille, 3bisf-Aix-en-Provence, CREAC-Marseille, the Atelier 231 Sotteville-lès-Rouen, the circus-theatre of Elbeuf, the Polaris of Corbas, the Cadran of Briançon,

Sponsorships: Espace Culture Multimédia, Friche de la Belle de Mai Marseille, and the CCN of Rillieux-la-Pape/Cie Maguy Marin and the Ballet National de Marseille with the program 'accueil studio'. With the assistance of the Ministry of Culture: DMDTS, CNC/Dicream, DRAC PACA, the Regional Council PACA, the General Council 13 and the City of Marseille.

Technical managers for big scale or independent events :

Manu le Duigou, born in Brittany – sonoriser, sound creator, he works in the fields of live performance and recording. In his career, collaborations over long periods (including Duo Hamon Martin, Titi Robin, Collectif à l'Envers, Compagnie Nö) develop a deep understanding, where his shaping of sound participates in the anatomy of creations, beyond the involvement with finesse in the weaving of the soundscape. His experience in world music ranges from tours on the African continent to traditional Breton music to Balinese Gamelans.

Fabien Sanchez, born in Provence, light creator, general manager, light manager, he has been working for live shows for several years for companies, theatres and festivals such as the Théâtre d'Arles, the Festival d'Avignon, the Uzès Danse festival, Diphtong Co, The Unfinished Co, Co Nö and many others. He collaborates on creations, on tours and on the reception of many shows in France and abroad.

Jean-Philippe Pellieux, born in the Ile-de-France region, trained as a lighting technician by joining M. T. S. in Aix en Provence. At the same time and until 2008 he was a backliner, light manager on tour then light designer in the rock band «Raoul Petite». He also attended a training course in sound engineering at the ISTS in Avignon. He has collaborated with many theatres, companies and festivals: Théâtre du Merlan, Théâtre des Bernardines, Festival de Marseille, Fiesta des Sud, Danse à Aix, Festival «Par Les Villages», Archaos, Momento CP with which he also realises light creations, the Théâtre du Centaure, La Compagnie Ex Nihilo, the singers Véronique Truffaut and KIMSAR, the storyteller Sylvie Vieville, the Cie Abdel Blabla and the Compagnie Nö.

